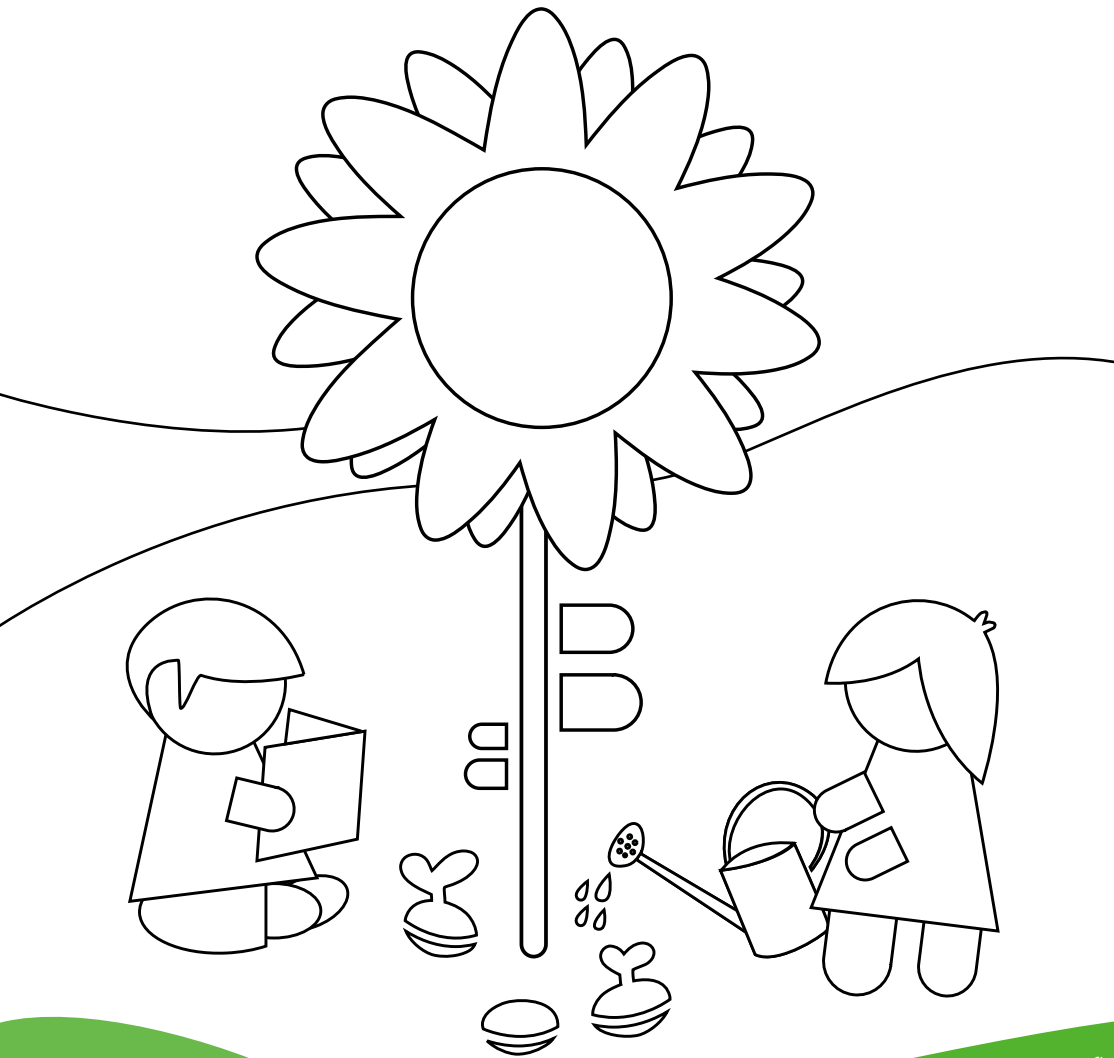


Colouring Competition

Win an artist set - Complete the picture and hand in to your school



Welcome and thank you for participating in our 'Join us and grow' SUMMER campaign 2010

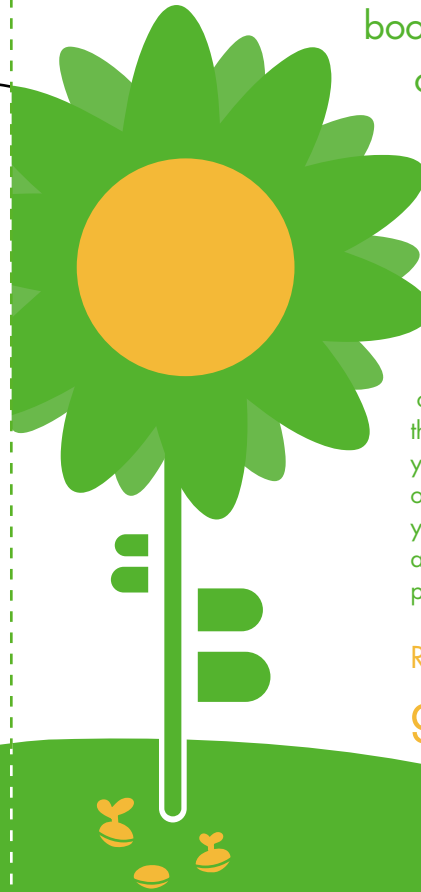
Your help in growing a sunflower could win your school
£750 worth of vouchers for the purchase of
books or IT equipment and give you a lot
of fun in the process!

Hundreds of schools across the South of England and
the Midlands are taking part and we will be checking
on everyone's success and posting your sunflower's vital
statistics onto our website at basepoint.co.uk,
so make sure you let us know how things are going!

All our business centres actively contribute to their local
communities by choosing a local charity and supporting
them with their fundraising and activities.... over the page
you will see some examples of the great causes that we and
our parent company, The ACT Foundation, support. We hope
you have a **FANTASTIC SUMMER** growing your sunflowers
and we look forward to seeing your school results on the web
page over the coming weeks.

Remember... from little seeds

grow **BIG SUNFLOWERS!**



✂ cut along dotted line



BASEPOINT
making a difference

name:

school:



BASEPOINT
making a difference

Who are we and what makes us different

Basepoint provides business space on flexible terms offering a secure and supportive environment for small/medium and start-up businesses.

Our centres are distinctly different to other buildings offering business accommodation. Each centre is a thriving business community in its own right but we also see ourselves as playing a very important role within the wider community generating employment, nurturing new enterprises, developing links with local businesses and educational organisations and generally making a significant contribution towards developing sustainable communities.

Our parent company, The ACT Foundation, is a registered charity which seeks to enhance the quality of life of those in need through activities including funding building projects, services, amenities and mobility equipment, predominantly for the physically and mentally disabled.



Tips on growing your sunflower

Select suitable area to grow your sunflower.

In order for your sunflower to grow to maximum height, choose a well drained location where the sunflower will receive as much sun as possible. Remember your flower will face east (where the sun rises).

Dig and prepare your base.

For each huge sunflower you plan to grow, you will need to dig a hole about 2 feet wide and about 18 inches deep. The more space you give your flower the bigger it will grow.

Prepare your soil to grow the biggest sunflower possible.

Ordinarily, sunflowers will do well even in poor soil conditions. But remember, we're not going for ordinary sunflowers here! We are going to push the limits! Therefore loosen the soil that you've removed from your hole, and remove any rocks, roots, or other debris. For each hole mix in about half a shovel of potting mix, fill in the rest of your hole with the enriched soil mixture.

Plant your Sunflower seeds.

To allow enough time for your huge sunflowers to reach maximum height, you'll want to plant them straight away, early May at the latest. Using your fingers place 3 sunflower seeds in the centre of each hole, about an inch apart and an inch in depth. Now sprinkle a little soil over your buried seeds to cover, gently patting down with

your hands. The 3 planted seeds will eventually be thinned to one sunflower per hole.

How to water huge sunflowers.

Sunflowers like a lot of water so give your flower a drink frequently at least once a day. If the ground around your flower is flooding stop watering until it has dried out. Remember the water needs to reach the rooting area.

How to feed your sunflowers.

Feed your sunflower every 1-2 weeks by feeding the soil. Do not pour feed onto the stalk or flower as this will cause your sunflower to weaken.

Thinning to grow huge sunflowers.

Once your sunflower seedlings have formed a second set of leaves (or when they are about 3 inches tall), remove the weakest looking plant from the group. Once your sunflowers have grown to a height of about 2 feet, thin to the healthiest looking plant per group.

Happy growing!

